



St. Margaret Mary CES

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Dear Families,

I hope you have had a wonderful week. I look forward to seeing many families tomorrow at our Catholic School Council Skate night. We have an exciting week of Carnevale Activities beginning Monday. Thank you to Ms. Di Chiara, Ms. Rupa, Ms. Gallace and Ms. Surdo for organizing and facilitating all of the activities.

Yours in Catholic Education,
 Mrs. Snyder

Prayer:

Grant me, O Lord my God,
 a mind to know you,
 a heart to seek you,
 wisdom to find you,
 conduct pleasing to you,
 faithful perseverance in waiting for you,
 and a hope of finally embracing you.
 Amen.



Week at a Glance

| | | |
|------------------|------------|---|
| Monday | January 29 | <ul style="list-style-type: none"> • Tuque and Sash Day • Unity Virtue “mini” Assembly 8:30 am • Lego Club • Pizza Lunch |
| Tuesday | January 30 | <ul style="list-style-type: none"> • Italian or French Flag Colours Day • Hero Burger |
| Wednesday | January 31 | <ul style="list-style-type: none"> • Favourite Sports Team Colour or Jersey Day • Quesada Lunch • 🍿 Popcorn Wednesday Returns to SMM |
| Thursday | February 1 | <ul style="list-style-type: none"> • “Mask”arade Ball- show off the mask made in class • Lego Club • Express Chicken |
| Friday | February 2 | <ul style="list-style-type: none"> • PA Day (No School for students) |

Bus Loop

Please remember that the front driveway is strictly reserved for buses and emergency vehicles. The bus lane is closed to all traffic except school buses. Please park your car in the parking lot if you need to come to the front doors of the building. We thank you for your continued support and cooperation with this safety matter.

Carnival 2024 Monday January 29th - Thursday, February. 1st SMMS





Bonjour, Ciao!

We are happy to celebrate the Winter Carnival at SMMS and here is a list of the activities that the whole school will be participating in during Carnival this year.

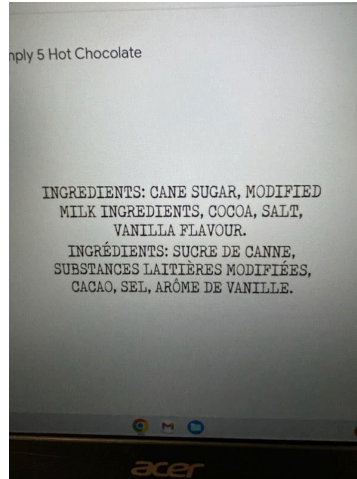
Whole School Activities:

- Bingo
- Candy Count .25 cents or 5 for \$1.00 (nut-free)
- Carnival Café on **Tuesday, January 30th** (nut-free Terra Cotta cookie and *hot chocolate - see below for ingredients)
- Ball Hockey, Staff vs Students on **Wednesday, January 31st**
- "Mask"arade Ball on **Thursday, February 1st.**

Theme days and whole school activities:

| <u>Mon. Jan. 29</u> | <u>Tues. Jan. 30</u> | <u>Wed. Jan. 31</u> | <u>Thurs. Feb. 1</u> |
|---|--|---|---|
| Tuque and Sash Day | Red, white, green and blue Day | Jersey Day or Favourite Team colours | "Mask"arade Ball Day (wear the mask you made in class) |
|  |  |  |  |
| <ul style="list-style-type: none">- Bingo- Candy guess | <ul style="list-style-type: none">- Bingo- Candy guess- Carnival Café (schedule) | <ul style="list-style-type: none">- Bingo- Candy guess- Ball hockey game, | <ul style="list-style-type: none">- Bingo- Masquerade Ball Dance |

*** Hot chocolate ingredients:**



Terra Cotta

| Nutrition Facts | |
|--|----------------------|
| Valeur nutritive | |
| Per 2 tbsp (25 g) / Pour 2 c. à soupe (25 g) | |
| Amount | % Daily Value |
| Teneur | % valeur quotidienne |
| Calories / Calories 90 | |
| Fat / Lipides 0.4 g | 1 % |
| Saturated / saturés 0.2 g | 1 % |
| + Trans / trans 0 g | |
| Cholesterol / Cholestérol 5 mg | |
| Sodium / Sodium 95 mg | 4 % |
| Carbohydrate / Glucides 20 g | 7 % |
| Fibre / Fibres 1 g | 4 % |
| Sugars / Sucres 19 g | |
| Protein / Protéines 3 g | |
| Vitamin A / Vitamine A | 0 % |
| Vitamin C / Vitamine C | 0 % |
| Calcium / Calcium | 8 % |
| Iron / Fer | 8 % |

Snowman Cookie ingredients:

- Enriched wheat flour, Sugars (Sugar), soybean and modified palm oil margarine, sprinkles, Liquid whole eggs, soluble vegetable fiber (corn), Natural Flavour
- *Please note our sprinkles do have artificial colouring.
- *Snowman,=rainbow sprinkles: icing sugar, fractionated palm kernel oil, corn starch, glucose, soy lecithin, artificial colours (allura red, sunset yellow fcf, tartrazine, erythrosine, brilliant blue fcf), gum arabic, carnauba wax

We will be serving the hot chocolate "warm" and not "hot". If you don't want your child to have hot chocolate or a Terra Cotta cookie, please let the classroom teacher know. We will have water bottles available for those who can't have hot chocolate.

Thank you to our Catholic School Council for purchasing all of the cookies, hot chocolate and mask making materials for each of the students. We are grateful for all of your support.

Upcoming:

- Feb 5- Intermediates to Snow Valley
- Feb 9- Dear My Anxiety Workshop for Grades 4-8
- Feb 12- Aubrey Norhanda Anti-Racism Assemblies (division specific)
- Feb 13- Shrove Tuesday
- Feb 13- Early St. Valentine's Day Celebrations
- Feb 13- Report Cards Home
- Feb 14- Ash Wednesday

