



St. Margaret Mary CES
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Dear Families,

February is a short, but busy month. This month we celebrate the virtue of “Wisdom”, one of the gifts of the Holy Spirit. It is the virtue most closely associated with the Third Person of the Trinity. February is also Black Heritage Month. Black Heritage Month is a time to celebrate the many achievements and contributions of people of African Ancestry to the development and culture of the Church and of Canada. Black Heritage Month is about celebrating Black Excellence. It is about celebrating resilience, innovation, and determination to work towards a more inclusive and diverse Canada. Finally, coming up in February is the Lunar New Year which begins on Sunday, February 10th, and will mark the beginning of the Year of the Dragon. We are looking forward to an engaging month here at SMM!

Yours in Catholic Education,

Mrs. Snyder

February Prayer of the Month: The Serenity Prayer

God, grant me the serenity to
 accept the things I cannot change,
 the courage to change the things I can,
 And the wisdom to know the difference.



Week at a Glance

Monday	February 5	<ul style="list-style-type: none"> • Intermediates to Snow Valley • Lego Club • Pizza Lunch
Tuesday	February 6	<ul style="list-style-type: none"> • Hero Burger
Wednesday	February 7	<ul style="list-style-type: none"> • Quesada Lunch • 🎆🎉 Popcorn Wednesday
Thursday	February 8	<ul style="list-style-type: none"> • Lego Club • Express Chicken

Friday	February 9	<ul style="list-style-type: none"> • Dear My Anxiety presentations- 10:00 Jr 12:30 Int • Spirit Council selling cookies in the foyer at lunch (\$2 each or \$3 for two cookies)
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Standardized Dress Code

This is a gentle reminder that, in accordance with the Standardized Dress Code, students are expected to be dressed in navy blue and white and that any logos must be no larger than a toonie in size and that stripes on tops and/or pants are not part of the school dress code. Thank you all for your collaboration in the full implementation of the standardized dress code. For those looking to purchase any items with the St Margaret Mary Logo please visit the [SMM Spirit Wear Store](#).

Dear My Anxiety- Presentation for Juniors and Intermediates

Stefania Rossi is a mental health advocate and creator of Dear My Anxiety @dearmyanxiety, a blog in which she discusses her personal journey with mental health. Stefania is also a former student of St. Margaret Mary and is looking forward to presenting to our grade 4 through 8 students. During her presentation, Stefania will discuss what anxiety is, and how to talk about it. She will talk the students through seeking help when needed, and how to cope with mental health struggles. She intends to remind students that they are not alone and that help is out there.

An Update from SMM Catholic School Council

Thank you to everyone that attended our annual **Family Skate Night** benefitting ShareLife! We were thrilled to see so many families come out to enjoy a night of winter fun, community building, and supporting a good cause. **Thanks to your participation and generous support, we raised \$821 for ShareLife!**





We are also excited to kick off our **annual Chocolate Fundraiser this week** - cases have been sent home with the eldest child in each family. Final deadline to return unsold chocolates and funds raised is **Friday, February 16**.

A reminder that there are some great prizes up for grabs!

- **Early Bird draws** will take place Feb 12 - 16. For every full case sold before **Friday, Feb 9**, you'll be entered.
- **Grand Prize draws** and **TOP SELLER prize (VR Headset)** will be announced **Wednesday, Feb 21**.

Thank you in advance for your continued support!

Upcoming:

- Feb 12- Aubrey Norhanda Anti-Racism Assemblies (division specific)
- Feb 13- Shrove Tuesday
- Feb 13- Early St. Valentine's Day Celebrations (No food treats please)
- Feb 13- Report Cards on Parent Portal @4pm
- Feb 14- Ash Wednesday
- Feb 19- Happy Family Day!

