

St. Margaret Mary CES

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Dear Families,

This weekend we will celebrate Thanksgiving and give thanks for the glory of creation and the love of family and friends. On behalf of the staff at St. Margaret Mary, from our family to yours, we want to wish all the members of our school community a very Happy Thanksgiving. In our busy lives, it is important to take time out and thank God for our many blessings. Enjoy your special time with family and friends. It is in the small things in life that we can appreciate how fortunate we truly are. As a community we are blessed to be surrounded by so many individuals who care about our students.

Yours in Catholic Education,

Mrs. Snyder

Thanksgiving Prayer Q

God of shorter days and longer nights ,
We thank you for the blessings of this year.
For the warmth of family and friends,
For the harvest of the earth,
And for the love that surrounds us.

May we remember those who are in need,
And may our hearts be open to sharing,
As we celebrate the abundance of your grace.
Help us to reflect your light in the world,
And guide us in compassion and kindness. Amen

Week at a Glance- October 14-18, 2024

Monday	Oct 14	HAPPY THANKSGIVING
Tuesday	Oct. 15	 Thanksgiving Mass with Father Jude at 9:30 am (All Welcome in Large Gym). Fresh from the Farm Orders Due Yearbook Committee Meeting (3:10-4:20 pm) Bar Burrito Lunch
Wednesday	Oct 16	Harvey's Lunch
Thursday	Oct 17	 School Bus Safety Presentations (All Grades) Special CIVVIES day. Loonie/Toonie Day for the YCDSB Day for the Eradication of Poverty X-Press Chicken CSC Meeting at 6:30pm in the Library

<u>FUEL FOR KIDS FUNDRAISER</u> Thank you to everyone who joined us for our Fuel for Kids Fundraiser at Fortinos last Friday night! Despite a little rain, the evening was a wonderful celebration of joy and community. We're thrilled to share that we raised **\$1560.00** for our school!. Your support truly makes a difference!







HEALTHY SNACK PROGRAM: This week, individually wrapped packages of Breton crackers will be delivered to all classrooms on Thursday. *If you do not want your child to participate in this week's snack program, please let their teacher know.*

Nutrition Facts Valeur nutritive



	% Daily Value ³ % valeur quotidienne ³
Fat / Lipides 4.5 g	6 %
Saturated / saturés 2 g + Trans / trans 0 g	10 %
Carbohydrate / Glucides 14 g	
Fibre / Fibres 1 g	4 %
Sugars / Sucres 1 g	1 %
Protein / Protéines 2 g	
Cholesterol / Cholésterol 0 mg	
Sodium 140 mg	6 %
Potassium 75 mg	2 %
Calcium 10 mg	1 %
Iron / Fer 0.75 mg	4 %
Vitamin E / Vitamine E 1 mg	7 %
Thiamine 0.075 mg	6 %
Niacin / Niacine 1 mg	6 %
Folate 15 µg DFE / ÉFA	4 %
DI	4 %
Phosphorus / Phosphore 50 mg	

Ingredients: Whole grain whole wheat flour, Wheat flour, Vegetable oil (contains coconut oil), Wheat germ, Sugar, Salt, Whey powder, Ammonium bicarbonate, Hydrolyzed soya protein, Baking soda. Contains: Wheat, Soya, Milk. May contain: Mustard seeds, Sesame seeds. Baked in a peanut free facility. Ingrédients: Farine de blé entier à grain entier, Farine de blé, Huile végétale (contient de l'huile de copra), Germe de blé, Sucre, Sel, Petit-lait en poudre, Bicarbonate d'ammonium, Protéines de soya hydrolysées, Bicarbonate de soude. Contient: Blé, Soya, Lait. Peut contenir: Graines de moutarde, Graines de sésame. Produit confectionné dans une usine exemnte d'arrachides.

<u>PETS ON THE PLAYGROUND</u> As a safety precaution and a courtesy to all, kindly refrain from bringing pets onto school property. We want all of our staff and students to feel comfortable as they make their way to school in the morning and home in the afternoon. I appreciate your cooperation with this delicate matter

SCHOOL MENTAL HEALTH ONTARIO: School Mental Health Ontario has released a series of new/updated resources designed for parents and caregivers. This work is part of a collaborative project with the Coalition for Child and Youth Mental Health and Children's Mental Health Ontario's Family Care Centre designed to enhance parent/caregiver mental health literacy. These are the first of many resources in development, which will be released in their entirety in

the form of a Parent/Caregiver Mental Health Literacy Toolkit in the new year. These first broad resources were developed to assist parents/caregivers in navigating and supporting their child's mental health and well-being.

They include:

- <u>Helping Your Child Manage Digital Technology</u> (available in multiple languages)
- <u>Noticing Mental Health Concerns for Your Child</u> (available in multiple languages) <u>Noticing mental health concerns for your child-worksheet</u> (available in multiple languages)
- <u>Prepare</u>, <u>Prevent Respond</u> A suicide prevention guide for parents and caregivers (available in multiple languages)

Stay tuned for a new parent/caregiver resource hub on the SMHO website and many new resources and supports throughout the school year.

UPCOMING SCHOOL FUNDRAISING

<u>HALLOWEEN DANCE-A-THON</u>: Thank you for participating in our smaller fundraisers this school year! This afternoon, we kicked off our first major fundraiser: St. Margaret Mary's Halloween Dance-A-Thon, which will be held on Thursday, October 31, 2024.

As in previous years, we anticipate this event will be both successful and fun! However, success depends on your support in encouraging your children to gather as many pledges as possible. The funds raised will directly benefit your child and help us support school initiatives, purchase classroom materials, and enhance technology for active learning.

Please look out for a more detailed letter and pledge form being sent home with your child today. Remember to submit pledge forms by October 31st. The preferred method for donation payments is via <u>School Day</u>, but we will continue to accept cash donations this year. Thank you for your support!

UPCOMING: (all important dates can be found on the SMM website)

- October 21- PA Day
- October 21- Registration for First Holy Communion and Confirmation due to the parish
- October 22- Int. Girls VB Tournament at Woodbridge Sports Dome
- October 23- Int. Boys VB Tournament at Woodbridge Sports Dome
- October 25- CIVVIES Day
- October 29- Grade 7 and 8 Immunization Clinic (Details to follow)
- October 31- Halloween Dance-A-Thon
- November 8- Ms. Masucci's class to STREAM centre

