

WE'RE GETTING WARM AND FUZZY AT ST. MARGARET MARY!

February 2025

Have a Heart!

February is all about wearing our healthy heart on our sleeve. This month, Spirit Council encourages all of you to do your part to stay heart healthy. Students from JK-8 will have fun participating in heart healthy minutes throughout the day led by our Spirit Council. Students will also raise funds for critical life-saving research playing minute to win it games during lunch recess, culminating with our Jump Rope for Heart event on March 7th (more details to follow). Students will have the opportunity to purchase tickets to participate in a variety of Heart healthy activities and challenges popping up all week long, so be sure to listen to announcements so you don't miss out on any of the fun! All proceeds from this month's activities will go to the Heart and Stroke Foundation.

Messages of Hope, Messages of Kindness

Let's fill our foyer with messages of love, hope, and good will. For \$0.25, fill a heart with your message of kindness and Spirit Council will decorate our halls with your loving sentiments.

Cookie Sales with a Sweet Twist:

Throughout the week, cookies will be on sale but with a sweet twist, Each cookie purchased will come with a sweet treat for you to enjoy and one to share with that someone special. Quantities are limited for this Valentine special, so don't miss out! (\$2/cookie)

Upcoming Events

Monday February 10

Boots and Hearts Day: Western (and heart) themed accessories

Tuesday February 11

Warm and Fuzzy Day: wear warm and fuzzy accessories

Wednesday February 12

Dress to Impress: tap into your fancy side and wear your finest accessories

Thursday February 13

Bold Bows Day: Because you're a gift!

Friday February 14

Valentine's Day: Wear red, white, and pink accessories

Minute to Win-It Recess Games

For \$1/ticket you can participate in our Minute-to-win-it Recess games! Popping up all week long in our school yard, students will have fun participating in some cool challenges, win some awesome prizes and raise money for our Heart Healthy initiatives!